

Federal Regulations Title 42

OBRA Practice Test 1

SAMPLE

Questions 1 - 10

1. According to the Federal Regulations Title 42, which of the following are NOT considered a Licensed Health Professional?
 - a. A certified nurses aide
 - b. A certified social worker
 - c. A certified respiratory therapy technician
 - d. A physician assistant

2. Jim is a new resident at Shady Acres Nursing Home. Jim wants to start a group for residents who are conservative so they can discuss politics. Is Jim allowed to organize such a group?
 - a. No he is not, he must wait for the activities director to form the group.
 - b. Resident groups are not allowed.
 - c. Yes he can.
 - d. All groups must be approved by the Administrator first.

3. If the State does not have a requirement, then medical records must be retained for how long?
 - a. Each facility decides on their own amount of time.
 - b. At least 2 years from the date of discharge
 - c. At least 3 years from the date of discharge
 - d. At least 5 years from the date of discharge

4. There must be no more than ___ hours between dinner "evening meal" and breakfast the following day.
 - a. 10 hours
 - b. 12 hours
 - c. 14 hours
 - d. 16 hours

5. A resident has requested to see their own medical records. How long does the facility have in which to provide access to the medical records to the requesting resident?
 - a. Immediately
 - b. 24 hours excluding weekends and holidays
 - c. 48 hours excluding weekends and holidays
 - d. 72 hours excluding weekends and holidays

6. Alison is a private pay resident. When she was admitted she had \$120 in her purse. The facility must place this money in which type of account?
 - a. An interest bearing account
 - b. A non-interest bearing account
 - c. Petty Cash
 - d. Comingle the money with the other residents in a pooled account.

7. Burnt Bridges Nursing Facility needs to review their emergency plan in light of a recent earthquake. How often must they review and or update their emergency plan.
 - a. 2 times a year
 - b. Quarterly
 - c. Once a month
 - d. Annually

8. Frank Carlton Serafino Feranna, Jr. aka Nikki Sixx, is a new resident at Long Shadows Nursing Home. He has an impressive list of daily medications he takes, how often must his drug regimen be reviewed?
 - a. Monthly by his physician
 - b. Quarterly by his physician
 - c. Monthly by a pharmacist
 - d. Quarterly by a pharmacist

9. Second Wind Skilled Nursing Facility has just started their State survey. How many resident assessments should there be in a resident's active record, if that resident has been a resident for 2 years?
- a. 1 They should only have the most current resident assessment in their active record.
 - b. 4 Because there should be 2 assessments performed every year.
 - c. 2 One for each year that an assessment was performed.
 - d. 5 One for each quarterly review for last 15 months.
10. Sleepy Acres SNF has a new resident today. When should the resident assessment be completed by?
- a. The assessment should have already been completed.
 - b. Within 72 hours after being admitted.
 - c. Within 1 week after being admitted.
 - d. Within 2 weeks after being admitted.

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SAMPLE

Answers 1 - 10

1. Answer is: a. - A certified nurses aide

42 CFR 483.5 “Licensed health professional”

A licensed health professional is a physician; physician assistant; nurse practitioner; physical, speech, or occupational therapist; physical or occupational therapy assistant; registered professional nurse; licensed practical nurse; or licensed or certified social worker; or registered respiratory therapist or certified respiratory therapy technician.

2. Answer is: c. Yes he can

42 CFR 483.10(f)(5)

The resident has a right to organize and participate in resident groups in the facility.

3. Answer is: d. At least 5 years from the date of discharge

42 CFR 483.70(i)(4)(ii)

Medical records must be retained for -

- (i) The period of time required by State law; or
- (ii) Five years from the date of discharge when there is no requirement in State law

4. Answer is: c. 14 hours

42 CFR 483.60(f)(2)

There must be no more than 14 hours between a substantial evening meal and breakfast the following day, except when a nourishing snack is served at bedtime, up to 16 hours may elapse between a substantial evening meal and breakfast the following day if a resident group agrees to this meal span.

5. Answer is: b. 24 hours excluding weekends and holidays

42 CFR 483.10(g)(2)(i)

The facility must provide the resident with access to personal and medical records pertaining to him or herself, upon an oral or written request, in the form and format requested by the individual, if it is readily producible in such form and format (including in an electronic form or format when such records are maintained electronically); or, if not, in a readable hard copy form or such other form and format as agreed to by the facility and the individual, within 24 hours (excluding weekends and holidays);

6. Answer is: a. An interest bearing account

42 CFR 483.10(f)(10)(ii)(A)

In general: Except as set out in paragraph (f)(10)(ii)(B) of this section, the facility must deposit any residents' personal funds in excess of \$100 in an interest bearing account (or accounts) that is separate from any of the facility's operating accounts, and that credits all interest earned on resident's funds to that account. (In pooled accounts, there must be a separate accounting for each resident's share.) The facility must maintain a resident's personal funds that do not exceed \$100 in a non-interest bearing account, interest-bearing account, or petty cash fund.

7. Answer is: d. Annually

42 CFR 483.73(a)

Emergency plan. The LTC facility must develop and maintain an emergency preparedness plan that must be reviewed, and updated at least annually. The plan must do all of the following:

- (1) Be based on and include a documented, facility-based and community-based risk assessment, utilizing an all-hazards approach, including missing residents.
- (2) Include strategies for addressing emergency events identified by the risk assessment.
- (3) Address resident population, including, but not limited to, persons at-risk; the type of services the LTC facility has the ability to provide in an emergency; and continuity of operations, including delegations of authority and succession plans.
- (4) Include a process for cooperation and collaboration with local, tribal, regional, State, or Federal emergency preparedness officials' efforts to maintain an integrated response during a disaster or emergency situation.

8. Answer is: c. Monthly by a pharmacist

42 CFR 483.45(c)

Drug regimen review.

- (1) The drug regimen of each resident must be reviewed at least once a month by a licensed pharmacist.

9. Answer is: d. 5 One for each quarterly review for last 15 months.

42 CFR 483.20(d)

(c) Quarterly review assessment. A facility must assess a resident using the quarterly review instrument specified by the State and approved by CMS not less frequently than once every 3 months.

(d) Use. A facility must maintain all resident assessments completed within the previous 15 months in the resident's active record and use the results of the assessments to develop, review, and revise the resident's comprehensive plan of care.

10. Answer is: d. Within 2 weeks after being admitted.

42 CFR 483.20(b)(2)(i)

When required. Subject to the timeframes prescribed in § 413.343(b) of this chapter, a facility must conduct a comprehensive assessment of a resident in accordance with the timeframes specified in paragraphs (b)(2) (i) through (iii) of this section. The timeframes prescribed in § 413.343(b) of this chapter do not apply to CAHs.

(i) Within 14 calendar days after admission, excluding readmissions in which there is no significant change in the resident's physical or mental condition. (For purposes of this section, "readmission" means a return to the facility following a temporary absence for hospitalization or for therapeutic leave.)

